

HELENA
ANCIENT ORDER OF
HIBERNIANS

ANNUAL ST. PATRICK'S DAY
IRISH SODA BREAD CONTEST

Sponsored by AOH Thomas F. Meagher & LAOH Mary Ronan Divisions
and Bert & Ernie's Dining Saloon & Grill

SATURDAY, MARCH 14th, 2009

The contest is being held at Bert & Ernie's Dining Saloon & Grill in Helena.
Judging STARTS at 2 PM. Winners announced at 3 PM.

Entries must be delivered to and checked in with the AOH at the Saloon between
12:30 PM and 1:30 PM on Saturday.

All entries must be delivered in an unmarked paper bag.

**THERE IS NO ENTRY FEE AND ONLY ONE
ENTRY IS PERMITTED IN EACH CATEGORY.**

CONTEST CATEGORIES & BASIC RULES

1. TRADITIONAL WHITE IRISH SODA BREAD:

Buttermilk (or soured milk), Bread Soda, Flour and Salt
are the normal ingredients used.
Baking Powder, Sugar, Eggs, etc., may NOT be used.

2. TRADITIONAL BROWN IRISH SODA BREAD:

Buttermilk (or soured milk), Bread Soda Whole Wheat Flour
and Salt are the normal ingredients used.
Baking Powder, Sugar, Eggs, etc., may NOT be used.

3. GLORIFIED IRISH SODA BREAD:

The Entry must be basic Soda Bread, but additional ingredients
may be used without exception. However, CAKES are not
acceptable because they are not Soda Breads

**SEE BACKSIDE FOR MORE INFORMATION
AND ENTRY FORM**

WHAT IS TRADITIONAL IRISH SODA BREAD?

If you search the internet using the term “Traditional Soda Bread”, an amazing number of recipes will appear. 98% of them provide incorrect information; some suggest you can use honey, sugar, eggs, raisins, or even caraway seeds in Traditional Irish Soda Bread. There is nothing wrong in using those ingredients in Soda Bread, but they’re NOT Traditional Irish Soda Bread!

Would “French Bread” still be the same if whiskey, raisins, or other such ingredients were added to the mix? Of Course not! The same is true of Irish Soda Bread.

FOR MORE INFORMATION ON PRIZES, SPECIFIC RULES, INGREDIENTS, RECIPES, AND ENTRY FORMS, ETC. CALL 933-5759 OR VISIT www.hibernian.org, click on links, and then click on “Annual Irish Soda Bread contest”



**AOH IRISH SODA BREAD
ENTRY FORM**

NAME _____

ADDRESS _____

CITY _____ STATE _____ ZIP _____

TELEPHONE CONTACT INFORMATION: Day () _____
Eve () _____

EMAIL ADDRESS _____

I certify that I am not a professional baker, that my entry(s) were cooked by me alone without professional assistance, and that I have adhered to the ingredient restrictions specified in the rules.

CATEGORIES ENTERED
(mark the category of your entry(s))

TRADITIONAL WHITE _____ BROWN _____ GLORIFIED _____

ENTRY NUMBERS(Leave these blank)

TW _____ TB _____ GL _____

(Checked in by) _____